



“absolutely excellent...best four days I've had in a long time.”
2025 participant



Members'

BALROOM DANCING

School, 2026!

TUESDAY 3 - FRIDAY 6 FEBRUARY

LEARN THE SKILLS, LOOK & FEEL GREAT!

Following last year's sellout, and it has to be said sensational Ballroom Dance school, we are thrilled to once again to partner with inspirational teacher and international dance champion Elena Placente and her leading London Ballroom & Latin teaching studio Flow Dance, to offer Members an exceptional four-day dance getaway!

WHAT TO EXPECT

Led by Elena, top-tier instructors will guide you through fun and interactive sessions. You'll explore a range of Ballroom & Latin styles, including but not limited to the elegant Waltz, Rumba, exciting Tango, Cha Cha Cha, as well as popular Sequence dancing routines. Elena shares her exceptional knowledge and insider tips and techniques to help build confidence on the dance floor.

The school also features a 'last night' bonus evening 'soirée', with professional dance demonstrations & specialist DJ, alongside opportunities to practise and showcase your new skills with fellow Members.

Our Gascoigne Suite will be transformed into a ballroom, complete with dance floor and dazzling mirror ball, setting the perfect scene for both learning and evening socials.

We'll keep your energy high with delicious meals and refreshments throughout the event, ensuring a seamless blend of learning, relaxation, and socialising. Whether you're looking to refine your technique or simply enjoy the magic of dance, this unforgettable UJC Ballroom break aims to be a joyful and enriching experience for all!

ITINERARY

DAY 1 TUESDAY 3RD FEB

1230 Arrive for buffet lunch and welcome (Gascoigne Suite)

1315 Session 1: Ballroom & First Latin Dance

1500 Tea/biscuits/Check-in if necessary

1530 Session 2: Ballroom & second Latin Dance

1615 **Break**

1800 Two-Course dinner/wine, together (McIntosh Room)

2000 Evening professional dancer led sequence dancing workshop followed by general dancing practising what has been learned throughout the day

2200 Finish/Main bar/Bed

DAY 2 WEDNESDAY 4TH FEB

Breakfast (served 0700-1000)

1000 Session 3: Ballroom & first Latin Dance - revision + new moves

1100 Coffee

1130 Session 4: Second Ballroom & second Latin Dance - revision + new moves

1230 Buffet lunch (McIntosh Room)

1330 Session 5: Third Ballroom & third Latin Dance

1500 Tea/biscuits

1530 Session 6: Fourth Ballroom & fourth Latin Dance

1615 **Break**

1800 2-course dinner + glass wine (McIntosh Room)

2000 Sequence dancing workshop followed by general dancing, practising what has been learned throughout the day

2200 Finish/Main bar/Bed

“We also learnt so much from the great instructors.”

2025 participant

“The highlight was the gala night and seeing the pro dancers and then being able to dance around the room together, as a couple!”

2025 participant

DAY 3 THURSDAY 5TH FEB

Breakfast (served 0700-1000)

1000 Session 7: Third Ballroom & third Latin Dance - revision + new moves
1100 Coffee
1130 Session 8: Fourth Ballroom & fourth Latin Dance - revision + new moves
1230 Buffet lunch (McIntosh Room)
1330 Session 9: First Ballroom & first Latin Dance - revision + new moves
1500 Tea/biscuits
1530 Session 10: Second Ballroom & second Latin Dance - revision + new moves
1615 **Break**
1745 2-course dinner + glass of wine
1930 An evening dance open to all Members, your tickets are included. Dress: Smart/Cocktail

2000 UJC BALLROOM DANCE NIGHT - (DOORS OPEN 1930hrs)

2300 Finish

DAY 4 FRIDAY 6TH FEB

Breakfast - Check Out

1000 Session 11: Third and Fourth Ballroom & Latin Dances - revision
1100 Coffee
1130 Session 12: First and Second Ballroom & Latin Dances - revision
1230 Buffet lunch & Certificates (McIntosh Room)

OUR EVENT PARTNERS

Our wonderful Dance Director, Elena Plescenco, is a highly accomplished professional dancer, teacher and choreographer, also co-founder and director of London-based Flow Dance Studios. Elena fell in love with the art of Ballroom & Latin at primary school and has enjoyed a career as professional competitive dancer, winning numerous titles of National and International titles. As a dance teacher, Elenor says she feels blessed to have extensive experience from complete beginners to advanced competitors, and that 'sharing her love and passion for dance and how it enables positive change in peoples' lives, "brings joy and fulfilment to her life". Elena says "seeing a smile speaks a thousand words!"

Ticket prices start at £550 per person (based on two sharing), all teaching, events, accommodation, food and even some drinks are included. To book email abo@ujc.org.uk or telephone 020 7928 4814

*"Elena and Carlos
[instructors] were great"* **2025 participant**

*"It was an absolutely excellent four days, thanks
for thinking of it along with Flow Dance.
The best four days I've had in a long time."*

2025 participant